

2017 Southeast District Fall Fire School

Viborg Fire Department
September 23, 2017 – Viborg High School
305 W Park Avenue

Mission Statement: *“To promote safety and integrate the efforts of local, federal agencies, in structure and wildland firefighting practices”.*

1. Stress First Aid (SFA) For Firefighters and Emergency Services Personnel – AM class, no limit
Stress First Aid (SFA) is a flexible set of tools used to care for stress reactions in firefighters and rescue personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and rescue personnel. The goal of SFA is to restore health and readiness after a stress reaction. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fire and rescue personnel and to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing.

Instructor: Mike Erickson

2. Stress Resiliency and Emotional Support – PM class, no limit

This class will take a look at some of the stressors faced by emergency responders and then discuss ways and tools to deal with that stress. Stress is part of the life of a first responder, but incident stress does not need to end a career if understood and dealt with properly. This is not a mental health class as much as, a career resiliency focus. How do we take care of ourselves, how do we help our significant others, and fellow responders, will be looked at. The class will examine critical incident stress and its effects as well as a lesser known dynamic of Compassion Fatigue.

Instructor: Chaplain Rodney Veldhuizen

3. Water rescue for the volunteer/initial responder still water recovery – Full day, limit 20

Designed for the small town department, this class was created to teach the firefighter how to respond to a water emergency. This class will have an emphasis in still/slow-moving water. Topics to be covered will include safety and basic equipment needs, appropriate response to and identification of the emergency, immediate actions that can be taken, and special considerations that must be made. This class will bring you up to a solid awareness level with some basic operations that can be considered. Upon completion of this class, you should be able to understand and articulate the above topics, and then be able to take it back to your home department.

Instructor: Matt Burtz, Pierre dive rescue, Wall Fire Department

PPE: *If you have lifejackets, bring them.*

4. Grain Bin Rescue – Full day, limit 30

Have you ever been pulled down or stuck in a trailer load of corn? You will in this class! Learn how quick and how little it takes to be engulfed in a trailer, grain bin, or even a grain pile. Then learn what you can do as a responding agency to safely remove a trapped person utilizing basic rope skills and rescue tube equipment.

Instructor: Craig Berg, Outstate Data, LLC – Elbow Lake, MN

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5. Aviation – Full day – Limit 25

This class will cover what a responding agency should do, and, should not do, when responding to an aircraft incident. Local military, general commercial and small frame aircraft response will be discussed. Basic extrication on an aircraft, and, collection and securing the scene of a crash site. Common military aircraft and probable/possible components and hazards associated; What a volunteer department needs to be aware of when arriving on scene and working around a downed aircraft;

Instructor: Rich Hall, Firefly Aviation, Scotland; MSgt Derrick Burkhart, SD Air National Guard; Charlie Kludt, Viborg Fire Dept.

6. RIT/Self Rescue – Full day – Limit 25

This hands on course will help Firefighters and Company Officers develop skills to survive when things go wrong on the fire ground. We will focus on self-rescue skills and techniques to save yourself. This class will be taught in an acquired structure. Full PPE and SCBA will be required. Some of the skills to be discussed will be

- : Multi-story bailouts
- : Entanglement
- : Air management
- : Breaching and enlarged openings
- : Ladder slides
- : Proper size up and situational awareness

Instructor: Buck Burdick and Rescue Company 8, Sioux Falls Fire Rescue

PPE: Full PPE and SCBA

Registration	7:30 am – 8:15 am
SE District Membership Meeting	8:15 am
Classes (Immediately following meeting)	8:30 am – 11:45 am
Dinner at the school**	11:45 am – 12:30 pm
SE District Membership Meeting	12:30 pm – 1:00 pm
Classes	1:15 pm – 4:15pm
Supper at the Fire Hall & firefighting races (no running necessary)	starting at 4:00pm

**Dinner tickets available at registration